

# 38<sup>th</sup> Annual Geriatric Medicine Refresher Day

*Current and Practical Knowledge To Inspire and Advance Care*

**MONDAY, APRIL 28, 2025 . RBC PLACE, LONDON, ONTARIO . 7:30 A.M. - 4:00 P.M.**

**Overall Learning Objectives:** By the end of this program, participants will be able to:

1. Apply current literature in care of the older adult
2. Apply practical knowledge in the advancement of care of the older adult

**LEGEND - WORKSHOP SUITED FOR: (A) - Allied Health, (N) - Nurses, PSWs, (P) - Physicians, Pharmacists**  
**A minimum of 25% of this program is dedicated to participant interaction**

## Who Should Attend

Given the interdisciplinary nature of geriatric care and the feedback from previous conference evaluations, topics have been selected to appeal to a wide range of care providers including physicians, nurses, therapists (OT, PT, SLP, RT), pharmacists, dietitians, psychologists, social workers, researchers, educators, and discharge planners, as well as people serving primarily in administrative positions.

## About the Conference

We are proud to present and celebrate our 38th annual conference in Geriatric Medicine that provides professionals with the opportunity to broaden their knowledge base, to refine specific skills, and to meet with others who share their desire to improve the quality care for the older adult. The plenary session encourages interdisciplinary discussion of a subject common to all, while concurrent sessions provide medical updates and review best practices of topics in geriatric care. All sessions include time for questions from participants and many speakers are available for informal discussions throughout the day. We encourage you to visit our display area in the Exhibitor Hallway.

## Registration

***All electronic registrations received prior to April 1, 2025 will be entered into our "Early Bird Draw" and are eligible to receive a full refund of the 2025 registration fee. We encourage all to register prior to April 25, 2025.*** Registered participants who are unable to attend are welcome to send a colleague in their place. Notice of withdrawal in writing after April 20, 2025 will result in a \$40 administration fee. Registrations received after April 27, 2025 will be considered only if space permits.

## Parking

Parking is not included in your registration fee. Please be prepared to pay for your own parking. Parking is available at the RBC Place London underground lot or in the Canada Wide Parking lot (get ticket and pay at machine) across the street for roughly \$10. Carpool and arrive early as parking downtown is limited.

## Please note

***RBC Place can get chilly - DRESS IN LAYERS. A coat check will be available on the ground floor of the Convention Centre. This is a FRAGRANCE FREE CONFERENCE; be considerate of those with allergies. Be sure to inform us of any special dietary needs.***

## CFPC (Mainpro+ Certified Activity

This activity meets the certification criteria of the College of Family Physicians of Canada and has been certified by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University for up to 5.50 Mainpro+® Certified Activity credits.

## For RCPSC (MOC Section 1)

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University. You may claim a maximum of 5.50 hours (credits are automatically calculated).

## ONLINE REGISTRATION ONLY

**<https://www.sjhc.london.on.ca/events/grd>**

**General Registration \$185 . Volunteer/Students \$95**

7:30am - 8:30am REGISTRATION, EXHIBITORS & REFRESHMENTS		
8:30am - 8:40am WELCOMING REMARKS LAURA DIACHUN, MD, CONFERENCE CHAIR, DIVISION OF GERIATRIC MEDICINE, ST. JOSEPH’S HEALTH CARE LONDON		
8:40am - 9:45am MORNING PLENARY SESSION / 9:30am - 9:45am Question & Answer Period NAVIGATING GRIEF IN OUR PERSONAL AND PROFESSIONAL LIVES- “THERE IS NO GRIEF LIKE THE GRIEF THAT DOES NOT SPEAK” CHRIS FRANK, MD  Learning Objectives: 1. Discuss our own grief in the course of work and become comfortable supporting grieving patients (clients) 2. Examine the impact of being a clinician on our own experience of grief		
10:00am - 11:05am MORNING CONCURRENT WORKSHOPS I / 10:50am - 11:05am Question & Answer Period		
<b>THE CHALLENGES AND JOYS OF CARING FOR OLDER PEOPLE IN PRIMARY CARE</b> Chris Frank, MD Learning Objectives <b>(A, N, P):</b> 1. Discuss optimal management of dementia, falls and medication management and more 2. Engage in collaborative discussion about strategies by sharing experiences and resources	<b>DIAGNOSING DEMENTIAS WITH PARKINSONISM</b> David Tang-Wai, MDCM Learning Objectives <b>(N, P):</b> 1. Develop a clinical approach to dementias with Parkinsonism 2. Distinguish differentiating features of the dementias with Parkinsonism	<b>NAVIGATING THE CHALLENGES OF PAIN MANAGEMENT IN OLDER ADULTS - STRATEGIES FOR SUCCESS</b> Jamie Fleet, MD Learning Objectives <b>(A, N, P):</b> 1. Identify unique challenges and considerations in pain assessment & management 2. Identify multimodal pain management strategies, with focus on non-pharmacologic interventions and minimizing adverse effects of medication
<b>WORKING TOGETHER TO ADVANCE DEMENTIA SUPPORT IN THE EMERGENCY DEPARTMENT: THE DREAM PROGRAM</b> Janine Reimer, RN / Beth Haas, RSW / Brittan Williams, MSW, RSW Learning Objectives <b>(A, N, P):</b> 1. Discuss the Impact of the DREAM program 2. Apply practical strategies for crisis support of older adults and their families	<b>(RE)HABILITATION OF DEMENTIA WITH EXERCISE: WHY, WHAT, &amp; HOW</b> Laura Middleton, OT Learning Objectives <b>(A, N, P):</b> 1. Describe the role and resources available for exercise in the (re)habilitation of dementia 2. Discuss the barriers and supports needed for exercise among people living with dementia	<b>HUMANIZING HEALTHCARE THROUGH DIGITAL STORYTELLING</b> Lisa Joworski, R/TRO Learning Objectives <b>(A, N, P):</b> 1. Identify current challenges to prioritizing personhood in healthcare and implement practical strategies 2. Describe Digital Storytelling along with its principles, processes and methodology
11:05am - 11:25am REFRESHMENTS, DISPLAYS AND NETWORKING		
11:30am - 12:35am MORNING CONCURRENT WORKSHOPS II / 12:20pm - 12:35pm Question & Answer Period		
<b>IMMUNIZATION FOR OLDER ADULTS - 2025 UPDATE</b> Alex Summers, MD Learning Objectives <b>(A, N, P):</b> 1. Describe the importance of immunization in protecting older adults 2. Describe recent updates in vaccines for older adults	<b>DIAGNOSING DEMENTIAS WITH PARKINSONISM</b> David Tang-Wai, MD Learning Objectives <b>(N, P):</b> 1. Develop a clinical approach to dementias with Parkinsonism 2. Distinguish differentiating features of the dementias with Parkinsonism	<b>AN APPROACH TO WOUND CARE</b> Carol Ott, MD Learning Objectives <b>(A, N, P):</b> 1. Identify normal wound healing and implications of the aging skin and body on wounds 2. Describe standard approach to wound care, management and diagnosis of complications of wounds
<b>PRACTICAL TOOLS TO SUPPORT THE SEXUAL HEALTH OF PEOPLE WITH DEMENTIA LIVING IN LONG-TERM CARE</b> Lori Schindel Martin, RN, PhD Learning Objectives <b>(A, N, P):</b> 1. Apply strategies to identify sexual health needs of people living with dementia in LTC 2. Develop care plans for responsive sexual behaviours using risk-informed approach	<b>(RE)HABILITATION OF DEMENTIA WITH EXERCISE: WHY, WHAT, &amp; HOW</b> Laura Middleton, OT Learning Objectives <b>(A, N, P):</b> 1. Describe the role and resources available for exercise in the (re)habilitation of dementia 2. Discuss the barriers and supports needed for exercise among people living with dementia	<b>HUMANIZING HEALTHCARE THROUGH DIGITAL STORYTELLING</b> Lisa Joworski, R/TRO Learning Objectives <b>(A, N, P):</b> 1. Identify current challenges to prioritizing personhood in healthcare and implement practical strategies 2. Describe Digital Storytelling along with its principles, processes and methodology
12:35pm - 1:15pm LUNCH, DISPLAYS AND NETWORKING		
1:15pm—2:20pm AFTERNOON PLENARY SESSION / 2:05pm - 2:20pm Question & Answer Period THE FUTURE OF ELDERCARE IN AN AGING SOCIETY ANDRÉ PICARD , HEALTH COLUMNIST, THE GLOBE AND MAIL  Learning Objectives: 1. Discuss the challenges and opportunities of the Canadian healthcare system and the need to reshape how we deliver eldercare 2. Develop strategies to influence political priorities regarding the delivery of eldercare		
2:20pm - 2:40pm REFRESHMENTS, DISPLAYS AND NETWORKING		
2:45pm - 3:50pm AFTERNOON CONCURRENT WORKSHOPS / 3:35pm - 3:50pm Question & Answer Period		
<b>AGING IN PLACE &amp; OCCUPATIONAL THERAPY: HOW DO WE GET THERE FROM HERE?</b> Monique Lizon, MPH, OT / Lesya Dyk, OT Learning Objectives <b>(A, N, P):</b> 1. Identify common concerns that affect daily functioning and how these can be addressed through OT therapy-base strategies 2. Describe how OT’s support aging in place via home modifications that improve accessibility and safety	<b>ADVOCATING FOR BETTER ELDERCARE</b> André Picard, Health Columnist, The Globe and Mail Learning Objectives <b>(A, N, P):</b> 1. Discuss tips and strategies for advocating for changes in clinical, community care and research related to older adults	<b>AN APPROACH TO WOUND CARE</b> Carol Ott, MD Learning Objectives <b>(A, N, P):</b> 1. Identify normal wound healing and implications of the aging skin and body on wounds 2. Describe standard approach to wound care, management and diagnosis of complications of wounds
<b>PRACTICAL TOOLS TO SUPPORT THE SEXUAL HEALTH OF PEOPLE WITH DEMENTIA LIVING IN LONG-TERM CARE</b> Lori Schindel Martin, RN, PhD Learning Objectives <b>(A, N, P):</b> 1. Apply strategies to identify sexual health needs of people living with dementia in LTC 2. Develop care plans for responsive sexual behaviours using risk-informed approach	<b>THE DEBILITY THAT HAS ARISEN IN THE HEART</b> George Heckman, MD Learning Objectives <b>(A, N, P):</b> 1. Describe a framework to diagnose heart failure in older adults 2. Discuss how to adapt heart failure care to the frail older adult	<b>3:50 p.m.- 4:00 p.m. COMPLETE EVALUATION</b>

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**General Registration \$185**